



Department of Public Safety

Driver License Division

CDL MEDICAL SELF-CERTIFICATION

49 CFR Part 383.71 and Utah Code §53-3-410.1 require all CDL holders who operate or expect to operate a commercial motor vehicle (CMV) to meet the certification requirements outlined below. Please read the following list of options to determine which medical certification applies to the type you are engaged in.

SELF-CERTIFICATION (check only ONE box):

☐ **Non-Excepted Interstate (Federal) – I meet the qualification requirements under 49 CFR 391 of the Federal Motor Carrier Safety Regulations.**

- The driver drives interstate or intrastate commerce and holds a Commercial Driver License (this includes drivers not currently operating a CMV);
- Must have a valid medical examiner's certification (MEC), commonly known as a DOT card; **and**
- The driver must be at least 21 years old.

☐ **Excepted Interstate (Federal) – I am exempt from the qualification requirements under 49 CFR Part 391 of Federal Motor Carrier Safety Regulations.**

- The driver currently drives interstate *only* under the excepted transportation or operations listed in 49 CFR Part 390.3(f)
 - School bus designed to carry more than 10 passengers, including the driver;
 - Transportation performed by Federal, State, or an agency of state government;
 - Occasional transportation of personal property not for compensation and not in the interest of a commercial enterprise;
 - Transporting human remains, or sick or injured persons;
 - Operating fire trucks and rescue vehicles while involved in emergencies and related operations;
 - Operating a vehicle designed to carry 9-15 passengers, including the driver, not for direct compensation;
 - A driver transporting propane for winter heating fuel or a driver responding to a pipeline emergency;
 - Transporting farm operation-related machinery, supplies, or custom-harvested crops; **or**
 - Beekeeper in the seasonal transportation of bees.
- The driver must be at least 21 years old.

☐ **Non-Excepted Intrastate (State Restricted) – I meet the qualification requirements of Utah Code §53-3-303.5.**

- Driver has had a federally disqualifying medical condition;
- Must be accompanied by a Utah Intrastate Waiver Card;
- Driver does not meet the guidelines to obtain a valid medical examiner's certificate (MEC), commonly known as a DOT card, under 49 CFR Part 391;
 - Must obtain a state MEC marked "accompanied by a waiver/exemption";
 - Must complete any medical reports required by the Driver License Division;
- Must obtain a K restriction on the license and may *only* drive intrastate commerce.

☐ **Excepted Intrastate (State Restricted) – I meet the requirements of 49 CFR Part 391 with the exception that I am under 21 years old.**

- The driver is *under* 21 years old;
- Has a valid medical examiner's certificate (MEC), commonly known as a DOT card;
- Must have a K restriction added to the license; **and**
- Not eligible to drive interstate because they are under age 21.

Certification:

I understand that it is a Class B Misdemeanor under Utah Code §76-8-504 to knowingly and willfully provide false information on the Medical Self-Certification and may result in the disqualification of my driver license pursuant to Utah Code §53-3-414. I hereby declare under criminal penalty of the State of Utah that the information contained in this application is true and correct.

Name: _____ Date of Birth: _____ Driver License Number: _____

Signature: _____ Certify Date: _____

For the medical certification process to be complete, this form must be submitted to the Driver License Division upon the initial issuance of any CDL or CLP, upon the upgrade of any CDL or CLP, upon the renewal of a CDL or CLP, upon the transfer of a CDL from another jurisdiction to Utah, or if the status indicated above changes.