# **INSTRUCTIONS FOR APPLICANT:**

- Original Application Please have your Health Care Provider complete ALL categories of the Functional Ability Evaluation Medical Report form (FAE).
- Renewal Application Please have your Health Care Provider complete the Functional Ability Evaluation Medical Report form (FAE) in the appropriate category.
- Visual Condition Please have your Vision Care Provider complete the accompanying Certificate of Visual Examination.

# Please DON'T FORGET TO...

- Complete the Medical questionnaire. This MUST be complete in order to process your application.
- □ Submit a current MEC/DOT card.
- □ Submit completed Utah Medical Self-Certification form, signed and dated.
- □ Submit completed Intrastate only K restriction application.
- □ Submit completed Functional Ability Evaluation Medical Report form
- Submit completed Certificate of Visual Examination form, *\*if needed*
- Enclose your signed check or money order in the amount of \$25.00\*, Payable to Department of Public Safety for your application processing fee. \*This is a non-refundable processing fee.
- Lost enclosed Envelope? Mail to: Driver License Division, Attn: CDL Medical Program, PO Box 144501, Salt Lake City, UT 84114-4501

Once the medical information and application are processed, a decision will be made regarding your eligibility to obtain or maintain a CDL or Class D license with an Intrastate Only Waiver, based on established guidelines. **You will be notified of this decision by mail**. If you have any questions, please contact the K Program representative at (801) 965-3819

If you are approved for the K Waiver Program, your K Waiver card will be mailed to the address on your driver License record. Please insure the correct mailing address is on file.

# APPLICATION FOR INTRASTATE ONLY (K RESTRICTION) MEDICAL WAIVER PROGRAM

Because I do not fully meet the minimum Federal Health requirements for an unrestricted Commercial Driver License (CDL) or a Federal DOT/ MEC Medical Card, it is my desire to apply for or renew my **Utah Intrastate Only commercial driving privilege.** 

I understand that this process requires me to submit medical information, and in some cases will require additional information from me or my medical provider. I also understand that no processing will begin until the entire packet has been completed and turned in along with any additional requested paperwork. This can take a minimum of 4-6 weeks to process, and sometimes longer with specialized cases, or cases needing Medical Advisory Board approval.

### Note: Additional Testing May be required

Applicant Signature:			Da	te:
Full Name:		D	river License #	#:
Residential Address:				
Mailing Address:				
Home Phone:	Cell Phone:		Work P	hone:
DOB:/SSN:		_ Years of C	ommercial Driv	ving Experience:
Current License: Circle One	А	В	С	D
License Class Applying for: Circle One	• A	В	С	D
Type of Commercial vehicle(s) exp	ected to opera	ate:		
Disqualifying Medical/Visual Condi	tion:			
List of Medications:				

### **MEDICAL QUESTIONNAIRE MUST BE COMPLETED - Mark Yes or No to each question.**

Additional information from your physician (Functional Ability Evaluation form) may be required before processing your Intrastate Waiver application, if you have, or if you have had, any of the following conditions in the last five (5) years:

Diabetes:	O YES ONO	Do you take insulin?
Cardiovascular:	O YES ONO YES ONO YES ONO	Do you have an uncontrolled heart condition? Do you have an implantable cardioverter defibrillator (ICD)? Have you lost consciousness or fainted in the last five years?
Pulmonary:	YES NO YES NO NO	Do you have a pulmonary (lung) condition? Is an inhaler the only medication prescribed for this condition? Do you use supplemental oxygen?
Neurologic:	$O_{\text{YES}}O_{\text{NO}}$	Do you have, or have you had a neurological condition such as: Dementia, Strokes, Alzheimer's, traumatic brain injury, Multiple Sclerosis, or Parkinson's?
Epilepsy:	<b>O</b> YES <b>O</b> NO YES <b>O</b> NO	Do you have or have you had seizures in the last five years? Or, <i>Commercial Driver:</i> Anytime during your life?
Learning & Memory:	$O_{\text{YES}} O_{\text{NO}}$	Do you have learning and memory difficulties which may interfere with driving safety?
Mental Health Conditions:	$O_{\text{YES}} O_{\text{NO}}$	Do you have a mental health condition such as schizophrenia, severe anxiety, or severe depression?
Alcohol & Other Drugs:	8 yes 8 no yes 8 no	Do you use alcohol excessively, misuse prescription drugs, or use illegal drugs? Have you been treated for alcohol or chemical dependency, or has treatment been recommended by a medical professional?
Vision:	YES NO YES NO YES NO YES NO	Are you required to wear glasses or contact lenses for driving? Is your visual acuity worse than 20/40 in the better eye, even with corrective lenses? Do you have a degenerative or progressive eye condition? Have you experienced a decrease in peripheral (side) vision?
Musculoskeletal:	YES ONO YES N YES N	<ul><li>Do you have loss or paralysis of all or part of a limb, or severe arthritis?</li><li>O New or Changed in the past 5 years?</li><li>O Present longer than 5 years</li></ul>
Alertness or Sleep Disorders:	$O_{\text{YES}} O_{\text{NO}}$	Do you have a condition that produces abnormal sleepiness (sleep apnea, narcolepsy, etc)?
Other:	$O_{\rm YES} O_{\rm NO}$	Are there any other health problems or use of medications which might interfere With driving ability or safety or control of a vehicle? Please explain:

I, the undersigned, under penalty of perjury affirm that I am the applicant described on this application and that the information entered herein is true and correct to the best of my knowledge.

X	hereby affirmed	day of	20

#### **Public Burden Statement**



A Federal agency may not conduct or sponsor, and a person is not required to respond to, nor shall a person be subject to a penalty for failure to comply with a collection of information subject to the requirements of the Paperwork Reduction Act unless that collection of information displays a current valid OMB Control Number. The OMB Control Number for this information collection is 2126-0006. Public reporting for this collection of information is estimated to be approximately one minute per response, including the time for reviewing instructions, gathering the data needed, and completing and reviewing the collection of information. All responses to this collection of information, including suggestions for reducing this burden to: Information Collection Clearance Officer, Federal Motor Carrier Safety Administration, MC-RRA, 1200 New Jersey Avenue, SE, Washington, D.C. 20590.

U.S. Department of Transportation Federal Motor Carrier Safety Administration

# MEDICAL EXAMINER'S CERTIFICATE

(for Commercial Driver Medical Certification)

### **CMV DRIVER CERTIFICATION**

I certify that I have examined (last name	ne) (first name)	in accordance with (please check only one):
the Federal Motor Carrier Safety Reg	gulations ( <u>49 CFR 391.41-391.49</u> ) and, with knowledge of the driving duties	s, I find this person is qualified, and, if applicable, only when (check all that apply) OR
	gulations ( <u>49 CFR 391.41-391.49</u> ) with any applicable State variances (which ualified, and, if applicable, only when (check all that apply)	h will only be valid for intrastate operations), and, with knowledge of the
Wearing corrective lenses	Accompanied by a waiver/exemption (specify type):	Driving within an exempt intracity zone (49 CFR 391.62) (Federal)
Wearing hearing aid	Accompanied by a Skill Performance Evaluation (SPE) Certificate	Qualified by operation of <u>49 CFR 391.64</u> (Federal)
		Grandfathered from State requirements (State)
		Medical Examiner's Certificate Expiration Date
	ng this physical examination is true and complete. A complete Medical Examin hments, embodies my findings completely and correctly, and is on file in my of	

#### **MEDICAL EXAMINER INFORMATION**

Medical Examiner's Signature	Medical Examiner's Telephone Number	Date Certificate Signed	
Medical Examiner's Name (please print or type)	,	d Practice Nurse	
Medical Examiner's State License, Certificate, or Registration Number	Issuing State	National Registry Number	
CMV DRIVER INFORMATION			
Driver's Signature	Driver's License Number	Issuing State/Province	

Driver's Address				CLP/CDL	Applicant/Holder
Street Address:	City:	State/Province:	Zip Code:	Yes	No

This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required to be maintained by regulatory requirements.



# COMMERCIAL DRIVER LICENSE MEDICAL SELF CERTIFICATION



49 CFR Part 383.71 and U.C.A. 53-3-410.1 require all CDL holders that operate or expect to operate a commercial motor vehicle (CMV) must meet the certification requirements outlined below. Please read the following list of options to determine which medical certification applies to the type of driving you are engaged in.

For the medical certification process to be complete, this form must be submitted to the Division:

- upon the initial issuance of any CDL or CDIP; or
- upon the upgrade of any CDL or CDIP; or
- upon the renewal of a CDL or CDIP; or
- upon the transfer of a CDL from another jurisdiction to Utah; or
- if the status indicated below changes.

Send form to: Fax # (801) 957-8633, Email dlmedcert@utah.gov, or Mail to: CDL Med Cert, PO BOX 144501 -SLC, UT 84114-4501

#### SELF-CERTIFICATION (Check only one)box for the category that applies to you)

**Non-Excepted Interstate** (FEDERAL) – I meet the qualification requirements under 49 CFR 391 of the Federal Motor Carrier Safety Regulations.

- Driver drives interstate or intrastate commerce and holds a Commercial Driver License (This includes drivers that are not currently operating a Commercial Motor Vehicle);
- Must have a valid DOT card
- Driver must be at least 21 years old

Excepted Interstate (FEDERAL) – I am exempt from the qualification requirements under 49 CFR Part 391 of Federal Motor Carrier Safety Regulations

- Driver currently drives interstate only under excepted transportation or operations listed in 49 CFRPart 390.3 (f)
  - o School bus designed to carry more than 10 passengers including the driver;
  - o Transportation performed by Federal, State or an agency of State government;
  - o Occasional transportation of personal property not for compensation and not in the interest of commercial enterprise;
  - o Transporting human remains, or sick or injured persons;
  - o Operating fire trucks and rescue vehicles while involved in emergency and related operations;
  - o Operating a vehicle designed to carry 9-15 passengers including the driver not for direct compensation;
  - o Adriver transporting propane for winter heating fuel or a driver responding to a pipeline emergency;
  - o Transporting farm operation related machinery, supplies or custom-harvested crops; or
  - $_{\odot}$  Beekeeper in the seasonal transportation of bees.
- Driver must be at least 21 years old.

**Non-Excepted Intrastate** (STATE RESTRICTED)– I meet the qualification requirements of U.C.A. 53-3-303.5.

- Driver has a federally disqualifying medical condition;
- Must be accompanied by a Utah IntrastateWaiver card;
- The driver does not meet the guidelines to obtain a valid DOT Medical Card under 49 CFR part 391;
  - Must obtain a state DOT certificate marked for accompanied by a waiver/exemption;
  - Must complete any medical reports required by the Driver License Division;
- Must obtain a K restriction on the license and may only drive intrastate commerce.

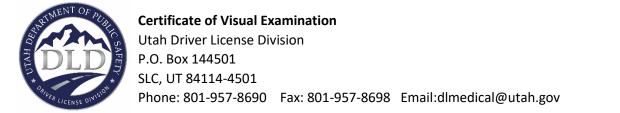
Excepted Intrastate (STATE RESTRICTED) – I meet the requirements of 49 CFR 391 with the exception that the driver is under 21 years of age.

- Driver is under 21 years old;
- Has a valid DOT Medical card;
- Must have a K restriction added to the license;
- Not eligible to drive interstate because they are under age 21.

#### CERTIFICATION

I understand that it is a Class B Misdemeanor to knowingly and willfully provide false information on Medical Self Certification and may result in the disqualification of my driver license pursuant to Utah Code Ann. § 76-8-504. I hereby declare under criminal penalty of the State of Utah that the information contained in this application is true and correct.

formation contained in this application is	true and contect.		
Name	Date of Birth	DL#	
Signature		Certify Date	



Last Name	First Name	Middle	Date of Birth	Driver License Number	-
Driver's Signature		Date	_		

Driver's Signature

The following portion of this form is to be completed by a vision health care professional. Fraudulent submission can result in criminal and administrative action. Medical Information submitted on this form should be restricted to information that is needed in relation to public safety and driving.

A full listing of current medical guidelines for vision can be found on our website at https://dld.utah.gov/healthcare-providers/

Visual Acuity	Are corrective lenses r	required while driving?  Yes  With Correction	Is this driver's visual field 120 degrees, 60 degrees to both right and left of fixation? The standard for visual fields is the same whether the driver is a CDL or private operator.		
			private	operator.	
Right Eye	20/	20/	☐ Yes [	No	
Left Eye	20/	20/	□ Yes [	No	
Both Eyes	20/	20/	Yes [	No	
If this driver is a CDL driver, Are t	hey color blind? 🗌 Yes	🗆 No			
*If visual fields are less than 120 Are the visual fields at least 90°, *If visual fields are less than 90°,	with 45° to both the right and	left of fixation?  □ Yes	□ No ation? □ Yes	□ No	
Vision health care professional	recommend review time frame	e Vision health care p	professional recommer	nded restrictions	
<ul> <li>standard review time</li> <li>six month review time</li> <li>one year review time</li> <li>upon renewal of license</li> <li>no further review</li> <li>Other</li> <li>there are special consideration</li> </ul>	<ul> <li>Speed- posted 40mph or less Daylight only</li> <li>Area (requires driving review)</li> <li>Vision health care professional recommended driver re Would require driver to complete a physical assessment, w test and driving skills test.</li> </ul>			ed driver review:	
Is there a medical condition that	is relevant to driving and publi	c safety for this driver? If so, v	what medical condition		
How stable is this drivers visual of Vision health care professional c					
*required responses for su	bmission in applicable scenarios. (Subr	nission will not be accepted if older t	nan 6 months or if required n	nedical information is missing	
*Exam Date *	Printed Name of Health Care P	rofessional *Signature &	degree State li	cense number	
*Form signed Date	*Street Address	City	State Zip Code	*Telephone	



#### **Functional Ability Evaluation Medical Report** Utah Driver License Division P.O. Box 144501 SLC, UT 84114-4501 Phone: 801-957-8690 Fax: 801-957-8698 Email:dlmedical@utah.gov

Last Name

**First Name** 

Middle

**Driver License Number** 

Date of Birth

#### Driver's Signature

Date The following portion of this form is to be completed by a health care professional. Fraudulent submission can result in criminal and administrative action. Medical Information submitted on this form should be restricted to information that is needed in relation to safe driving. A full listing of current medical guidelines can be found on our website at https://dld.utah.gov/healthcare-providers/

	A Diabetes and metabolic conditions Insulin dependent	B Cardio- vascular Hyper- tension Only	C Pulmonary Oxygen w/driving Inhaler only	D Neurologic	E Seizures & Episodic Conditions Date of last Seizure	F Learning & Memory	G Mental Health	H Alcohol & Other drugs	J Musculo- Skeletal Or chronic Debility	K Alertness Or Sleep disorder
1										
2										
4										
5 6										
0 7										
8	No driving	No driving	No driving	No driving	No driving	No driving	No driving	No driving	No driving	No driving
	Health care professional recommend review time frame         standard review time         six month review time         one year review time         upon renewal of license         no further review         Other         there are special considerations I would like to discuss         Is there a disorder or condition that is not marked that is relevant to safe			Health Care professional recommended restrictions         Speed- posted 40mph or less         Area (requires driving review)         Supplemental Oxygen while driving         Daylight driving only         Health care professional recommended driver review:         Would require driver to complete a physical assessment, written test and driving skills test.						
	th care profe							what catego		commend?

Exam Date	*Printed Name of Health Care F	Professional	*Signature & degree	State li	cense number
*Form signed Date	*Street Address	City	State	Zip Code	*Telephone
Exam Date	*Printed Name of Health Care F	Professional	*Signature & degree	State li	cense number
*Form signed Date	*Street Address	City	State	Zip Code	Telephone

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This table shows, in general, the principle requirements for each level and may be used as a rough guide only. A full narrative description and table for each category are found in the

The net work setting in the set of the setting in the setting in the set of	level and may be re Professionals,	. B Coulie Delmonant Namelaria Science P. I armine Mantel Hacith Alachel P. Macanla dialated Alacheres of	Caruto-vascual Funnoiary Actu orogic Scanting Actual Italia Actual of the Drugs or Chronic SI Debility Debility	No past history or fully     No disease or fully     No history or     No history or     No history or no     No history or fully     No history or fully       view     recovered. No further     fully recovered.     fully recovered.     fully recovered.     fully recovered.     problems within     recovered 1 year or     problems within     recovered 1 year or     problems fully     No history or       view     review     No further review     No further review     No further review     2 years. No     more. No further     ESS <6. No further       review     review     No further review     No further review     No further review     2 years. No     more. No further     review	lietAll AHA Class I;Minimal symptoms.MinimalSingle seizure butMinimal difficultyStable at least 1 yearNo adverseMild residual loss ofProblems with goodnsulinisolated arrhythmia, noSporadic use of meds.impairment, ablenone in past 5with good socialwith or w/o meds; noconsequencesfunction. 5 yr.self-managementneds.limits, no symptomsNo steroids. 1 yr. reviewto controlyears, and offand personalpsychiatricwithin past year.review. 2 yr. reviewESS 7-9.2 yr. reviewNo further reviewfunctiorset 1 year. 1 yr. reviewlost 1 yr. reviewfor CDLfor CDLNo further reviewfunctionset 1 year. 1 yr. reviewfor CDLset 1 year. 1 yr. reviewfor CDL	display intermittent steroids       Noticate free l       Stable at least 6 months       No adverse       Moderate       Mild/moderate         c       normal or stable with intermittent steroids       impairment of year or more, on       w/ good       with or w/o meds; no       moderate residual       Mild/moderate         pace-maker for 6       FVC & FEV>65% to       dexterity.1 yr.       with or w/o meds; no       consequences       loss of function with problems, good         nonths; 1 yr. min       70% of predicted       review       followed by       socialization & psychiatric       within past 6       or without       professional         symptoms w/       normal. 1 yr. review       followed by       emotional lyr off       5 yr. review       Risk 6 months. 1 yr.       review       2 yr. review. Skills       12. 1 yr. review         writeview       review       review       review       review       assessment       assessment	ulin     AHA Class II; rhythm, Stable with O <sub>2</sub> or     Moderate     Scizure free 1     Moderate     Stable at least 3 months.     Inited joint motion,     Moderate problems       yr.     stable for 3 months. 1     steroids; dyspnea on mpairment of yr. review     steroids; dyspnea on mpairment of decretion, no cough     AED medication decretion, no cough     Moderate problems     impairment with meds; no     No adverse     Limited joint motion,     Moderate problems       yr.     steroids; dyspnea on asynoope 6 months. 1 yr.     AED medication     with meds; no     consequences     deformity of limb or within past 3     spine; amputation. 1     ESS 13-15, 6 m       review     symoope 6 months. 1 yr.     decreased     w/o side effects. 1     socialization for 3     months. 3 m     yr. review. Skills test     review. Daylight       review     stamina. 1 yr.     yr. review. 2 yr.     few. cview     on initial assessment     review     on initial assessment     restriction	ulin       AHA Class III;       PO2 over 50, symptoms       Moderate       Seizure free 6       NOT USED       Stable at least 1 month       No adverse       Limited joint motion,       Moderate problems         but <       anticipated aggravation       w/ordinary activity, no       neurologic       months to 1 yr. on       No definition       with meds; no       consequences       deformity of limb or       related to time &         r.       by unlimited driving.1       cough syncope 3       impairment       AED medication       with meds; no       consequences       deformity of limb or       related to time &         r.       by unlimited driving.1       cough syncope 3       impairment       AED medication       with meds; no       consequences       deformity of limb or       related to time &         r.       by unlimited driving.1       cough syncope 3       months.6 m. review       with meds; no       consequences       deformity of limb or       related to time &         r.       by unlimited driving.1       cough syncope 3       months.6 m. review       with meds; no       consequences       deformity of limb or       related to time &         r.       yr. review       for muth.3 m       with or w/o       terports.6 m       month.6 m. review       values       spine; amputation       terview.Sci.1.5.6 m      <	ulin       AHA Class III;       Severe dyspnea; cough       NOT USED       Seizure free 3       Moderate       Minimal dyskinosia, or       Intermittent       NOT USED       NOT USED         but <       unstable rhythm 6 m.       syncope within 3       No definition       months to 6       impairment, or       medwich minimally       impairment of       No definition       No definition         s. 6       review. S.A.D*       somoths 6 m. review.       Level Not       competence or       interfere with       function, not       No definition         v       S.A.D.*       S.A.D.*       two control. J yr.       review. S.A.D.*       working. 3 m.       vorking. 3 m.         v       control. J yr.       review. Skills test       oo initial       assessment.       review. S.A.D.*       working. 3 m.         x       S.A.D.*       somoths on initial       assessment.       somoths on initial       social inition       working. 3 m.         x       review. S.A.D.*       on initial       assessment.       social inition. 6 m.       working. 3 m.       working. 3 m.         x       review. S.A.D.*       on initial       assessment.       social inition. 6 m.       working. 3 m.       working. 3 m.	Special Circumstances or under evaluation         NOT USED         NOT USED           No definition         No definition         Special Circumstances or under evaluation           NO DRIVING: Driving skills test is not allowed for a safety assessment level 8         Special Circumstances or under evaluation
■00< □□_00< □000< □00< □00<	unctional Ability In Driving:	+		review	h diet a-insulin g meds.	neds ate	on insulin car. 1 yr.	on insulin onths but < yr. 1 yr.	ent v	Special Cir

\* Level requires a speed, area, or daylight restriction \*\*Unless review is requested by Healthcare provider Interval for review may be made longer at physician discretion